

Free Theology Roundtable / Workshop
Praying the Liturgy of the Hours

**A FREE ONLINE INTERACTIVE SEMINAR
FEATURING:
DR. TOMMY HUMPHRIES
AND BROTHER LUCIUS AMARILLAS, O.S.B.
TUESDAY JULY 14 FROM 7:00-8:00 EST**

PLEASE JOIN SAINT LEO PROFESSOR THOMAS HUMPHRIES AND BROTHER LUCIUS AMARILLAS, PRIOR OF THE MONASTERY AND ADJUNCT PROFESSOR OF THEOLOGY AT SAINT LEO UNIVERSITY AS WE DISCUSS THE HISTORY, THEOLOGY, AND SPIRITUALITY OF THIS FOUNDATIONAL METHOD OF PRAYER IN THE LIFE OF THE CHURCH



Dr. Tommy Humphries earned his PhD at Emory University and his MA in systematic Theology at The Catholic University of America after having worked for several years a parish and deanery-wide youth minister and high school teacher. His first monograph is published with Oxford University Press as *Ascetic Pneumatology from John Cassian to Gregory the Great*. An Associate Professor in the department of Philosophy, Theology, and Religion, he has worked for Saint Leo University since 2011. He often teaches Christian Spirituality as well as dogmatic and historical themes from the first millennium of Christianity. He holds a *mandatum* in the Diocese of St. Petersburg. He and his wife are busy raising a wonderful daughter. Dr. Humphries also volunteers as a Firefighter and EMT, serving as the District Chief, and works with various parish ministries at Sacred Heart in Dade City.

Brother Lucius Amarillas, O.S.B., is a monk of Saint Leo Abbey. He was born in California but grew up in Las Vegas, Nevada where he served as a catechist in his parish. After coming to study at Saint Leo University, he decided to join the Benedictine monks at Saint Leo Abbey. In the Abbey community, Lucius serves as Prior of the Monastery, the Abbot's right hand that assists him in caring for the monks and their needs. Br. Lucius is also an adjunct professor of theology at Saint Leo University.

TO RSVP AND RECEIVE THE LINK TO THE SEMINAR- EMAIL:
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